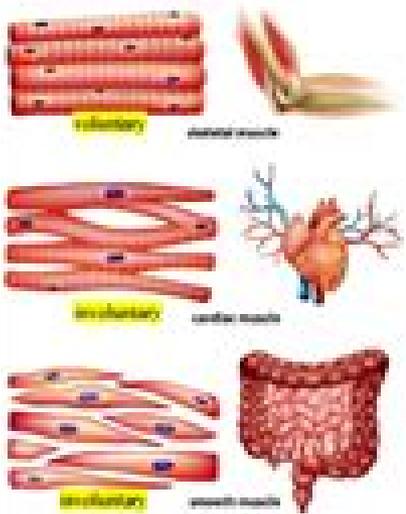
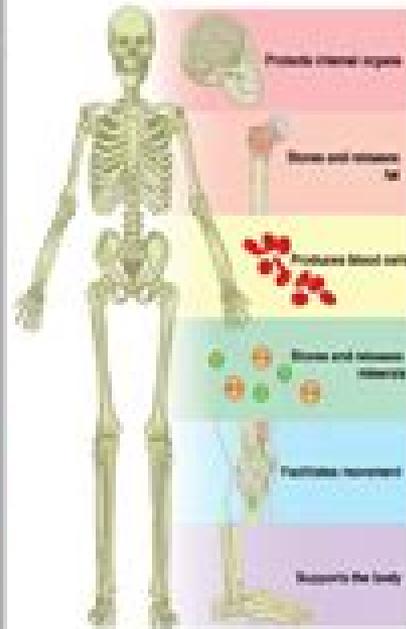
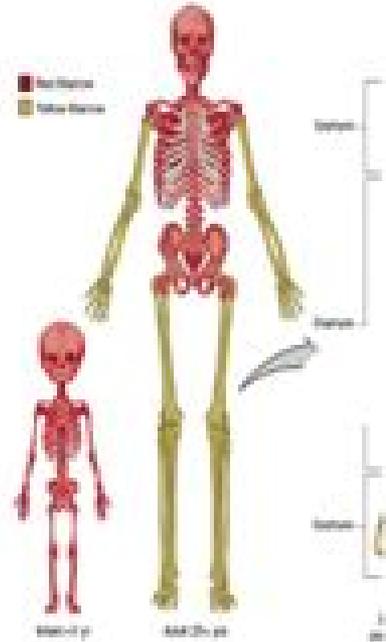


MUSCULOSKELETAL SYSTEM

Skeletal + Muscular systems are considered one because they work together to enable us to move

- ✓ Skeletal framework gives us support and it is what the muscles are attached to, joints are the articulations between bones
- ✓ Muscle contraction pulls the bones and changes the angle of the joint
- ✓ Movement relies on the functioning of the nervous, circulatory, and respiratory systems (1) need nerve impulses to contract muscles, (2) blood supply from circulatory system, (3) oxygen from resp. system

Tissues	Functions	Bone	Effects of Aging
<p>OF SKELETAL system:</p> <ol style="list-style-type: none"> 1. Bone 2. Cartilage <ul style="list-style-type: none"> - covers most of joints 3. Fibrous connective tissue <ul style="list-style-type: none"> - ligaments that connect one bone to another <p>OF MUSCULAR system:</p> <ol style="list-style-type: none"> 1. Skeletal muscle is striated, meaning that it can be voluntarily controlled 2. Fibrous connective tissue forms tendons <ul style="list-style-type: none"> - tendons connect muscle to bone 3. Fasciae - band or sheet of connective tissue, primarily collagen, beneath the skin that attaches, stabilizes, encloses, and repairs muscles and other internal organs 	<p>OF SKELETAL system:</p> <ol style="list-style-type: none"> 1. Movement 2. Mineral storage 3. Produces blood cells in bone marrow 4. Protection (brain, heart, lungs) 5. Support 6. Stores and releases fat <p>OF MUSCULAR system:</p> <ol style="list-style-type: none"> 1. Heat 2. Energy 3. Movement 	<p>Bone Formation:</p> <ul style="list-style-type: none"> ✓ Osteoblasts <ul style="list-style-type: none"> ○ Cells that form new bone ✓ Osteocytes <ul style="list-style-type: none"> ○ Mature bone cell that turns over bone mineral and assists in repair ○ Remodeling & repair ✓ Osteoclasts <ul style="list-style-type: none"> ○ Secrete acids and enzymes to dissolve/break down bone matrix <p>Bone Marrow:</p> <ul style="list-style-type: none"> ✓ Red <ul style="list-style-type: none"> ○ Manufactures blood cells and hemoglobin ○ Produces RBC's, WBC's, platelets ○ Occurs inside spongy bones ○ Gets its red color due to the hemoglobin present in the RBC's ○ Occurs in the skull, ribs, spine, shoulder blades, pelvis, end of long bones ✓ Yellow <ul style="list-style-type: none"> ○ Primarily contains fat cells and connective tissue ○ Occurs inside compact bones ○ Produces fat cells, cartilage, bones ○ Produces blood cells when needed ○ Occurs in the marrow cavity of long bones ○ Gradually replaces the red bone marrow as people grow older 	<ul style="list-style-type: none"> ✓ Calcium in bones is dependent on good nutrition & age <ul style="list-style-type: none"> ○ estrogen & testosterone maintain strong bone nutrition after menopause lose more calcium than is replaced, so they need to take calcium supplements ✓ Weight-bearing joints are subject to damage <ul style="list-style-type: none"> ○ Knees, ankles, hips ○ Cartilage wears down, which causes pain & stiffness ✓ Muscle strength declines
 <p>voluntary skeletal muscle</p> <p>involuntary cardiac muscle</p> <p>involuntary smooth muscle</p>	 <p>Protects internal organs</p> <p>Bones and cartilage</p> <p>Produce blood cells</p> <p>Bones and cartilage storage</p> <p>Facilitate movement</p> <p>Supports the body</p>	 <p>Red marrow</p> <p>Yellow marrow</p> <p>Infant</p> <p>Adult</p>	

Musculoskeletal System Physiology Study Guide

Jesse Feiring Williams



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National Library of Medicine Audiovisuals Catalog National Library of Medicine (U.S.),1977 *A Textbook of Anatomy and Physiology* Jesse Feiring Williams,1929 Medical Physiology : The Big Picture Jonathan D. Kibble,Colby R. Halsey,2008-12-07 Get the BIG PICTURE of Medical Physiology and focus on what you really need to know to ace the course and board exams 4 Star Doody s Review This excellent no frills approach to physiology concepts is designed to help medical students and other health professions students review the basic concepts associated with physiology for the medical profession The information is concise accurate and timely If you don t have unlimited study time Medical Physiology The Big Picture is exactly what you need With an emphasis on what you need to know versus what s nice to know and enhanced with 450 full color illustrations it offers a focused streamlined overview of medical physiology You ll find a succinct user friendly

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