

**The Culinary Professional Study Guide**  
**Chapter 31: Basic Meat & Poultry Preparation**  
**Activity A: Reviewing Key Concepts**

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**Part 1: Proper Handling and Storage**

Read each statement and **HIGHLIGHT** the correct term or phrase to complete the sentence and make the statement true.

1. Fresh meat and poultry should be stored \_\_\_\_\_.  
below 30°F to 35°F [-1°C to 2°C]  
**at 30°F to 35°F [-1°C to 2°C]**  
above 30°F to 35°F [-1°C to 2°C]
2. Film-wrapped, vacuum-packed meats have a refrigerated shelf life of \_\_\_\_\_ when kept in their sealed bags.  
several days  
**several weeks**  
several months
3. Meat and poultry should be stored on a tray or sheet pan to keep them \_\_\_\_\_.  
**from dripping on other items**  
organized for quick location  
from warming
4. Never store raw meats or poultry \_\_\_\_\_ cooked or ready-to-eat items.  
below  
on the same level as  
**above**
5. Sanitize \_\_\_\_\_ food-contact surfaces when storing meats and poultry.  
major  
non-refrigerated  
**all**

**Part 2: Poultry Fabrication**

Read each statement and choose the correct term or phrase to complete the sentence and make the statement true.

6. To begin to split poultry in half, place the bird on the cutting board with the \_\_\_\_\_ toward you and the tail up. After splitting in half, the bird's backbone \_\_\_\_\_.  
breast, remains with one portion  
breast, is cut away and removed  
back, remains with one portion  
**back, is cut away and removed**
7. To cut poultry halves into quarters, you need to find the natural separation between the \_\_\_\_\_ and cut along that line.  
leg and wing  
**breast and thigh**  
leg and thigh
8. Another term for preparing eight-cut portions of poultry is \_\_\_\_\_.  
double quarter  
**disjointed**

# Meat Study Guide Answers

**Ohio State University. Center for  
Vocational and Technical Education**

## **Meat Study Guide Answers:**

**Study Guide for Psychology** David G. Myers, Richard O. Straub, 2006-04-07 This eighth edition of David G Myers Psychology includes expanded coverage of the most recent developments in this wide ranging field This text includes self tests and critical thinking exercises based on the concepts discussed in the eighth edition **Exploring Psychology Study Guide** Richard O. Straub, 2004-03-31 This study guide for David Myers best selling text for introductory psychology courses is compelling and concise with a global perspective on psychology This edition has been thoroughly updated and includes new features and a media supplements package Study Guide for Psychology, Seventh Edition Richard O. Straub, David G. Myers, 2003-06-20 This new edition continues the story of psychology with added research and enhanced content from the most dynamic areas of the field cognition gender and diversity studies neuroscience and more while at the same time using the most effective teaching approaches and learning tools *Trade and Industrial Education; Instructional Materials* Ohio State University. Center for Vocational and Technical Education, 1972 Trade and Industrial Education ,1972

**Resources in Education** ,1985-11 **Study Guide and Review of Practical Nursing** Helen Fredericka Hansen, 1958

**Meatcutting Workbook** ,1982 *American Meat Trade and Retail Butchers Journal* ,1912 **Study Guide for Nutrition** ,1998 Self-study Guide for Cook (MOS 0060) ,1950 **Professional Cooking , Study Guide** Wayne Gisslen, 1998-09-07 Completely redesigned updated and richly illustrated revision of the classic instructional guide to professional cooking Includes step by step detail 250 colour photos with thorough coverage of products One of the most popular and endorsed guides *Practical Home Economics Teacher Edition of Co-ed* ,1959 Food for Today Kowtaluk, 1997-12 **Ontario Library Review and Book-selection Guide** ,1916 Study Guide with Readings to Accompany Papalia and Olds Psychology Virginia Nichols Quinn, 1985 **Municipal Engineering: Sanitary Record and the Municipal Motor** ,1927 **The International Railway and Steam Navigation Guide** ,1879 Railway Age ,1952-11 **Host Bibliographic Record for Boundwith Item Barcode 30112117975315 and Others** ,1907

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