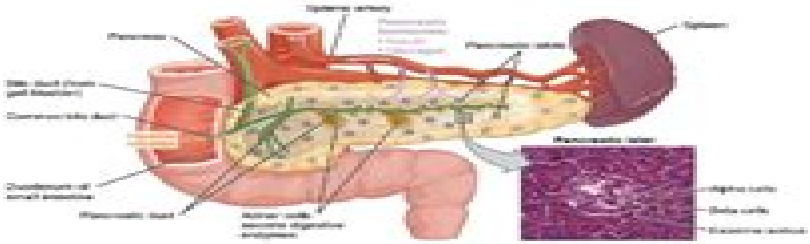
Endocrine System

Pancreas

Pathophysiology: an organ in the body containing alpha and beta cells that produce both endocrine and exocrine function

- → **Alpha cells:** secretes glucagon
- → **Beta cells:** secrete insulin
- → **Endocrine function:** hormones assist body with metabolization
- → **Exocrine function:** secretion of enzymes to help assist with food digestion



Diabetes

Pathophysiology:

- → DM 1: there is insufficient insulin
- → DM 2: there is insulin resistance

Causes:

- → DM 1
  - Past viral infection
  - Genetic predisposition
- → DM 2
  - Poor lifestyle choices

Signs & Symptoms:

- → Increased urine
- → Increased hunger
- → Increased thirst
- → Increased fatigue
- → Blurred vision (early onset) that can lead to chronic complications
- → Pins/needles feeling in the feet
- → Unexplained weight loss (DM1)

Polyuria & Polydipsia

- → The blood is thick, making it hard for the heart to supply blood and O2 to the body. The body tries to thin the blood by pulling excess H2O, causing an increase in urine and thirst.

Prevention

- → Glucose control
- → Diet
- → Exercise
- → Medications
- → Urine testing for ketones

REFER TO DM1 & DM2 CARE PLAN FOR DETAILS

Why is it important?

- → Poor diabetic control can lead to heart and vessel damage, kidney failure, and nerve damage.

Diabetic Sick Day Rules

- → Monitor blood glucose every 4 hours
- → Test urine for ketones (>240 mg/dL)
- → Continue to take medications unless a provider says otherwise
- → Increase fluid intake to prevent dehydration
- → Eat meals at regular times

CALL DOCTOR IF:

- → Persistent N/V/D
- → Moderate to high ketones
- → Blood sugar >250 and not responding to insulin
- → Illness longer than 2 days
- → Fever 101.5 or higher for more than 24 hours

Risk Factors

- → Hypertension (damages the blood vessels

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S Ben Porath

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web here is an example of an eagle scout benediction prayer that can be used in court of honor ceremonies dear lord as we gather here today to celebrate the achievements of this young man who has earned the rank of eagle scout we give thanks for the opportunities and challenges that have brought him to this moment
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web worshipweb invocation for an eagle scout ceremony dear god spirit of life and love creator of the mountains and the forests it is good to be gathered here on the occasion of n receiving his her their eagle scout award we are thankful for the service he she they has have given to his her their troop crew ship community and council
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web please stand for the invocation let us pray lord god we stand before you tonight in awe of your glory and in gratitude for all your blessings we thank you for bringing us together as a family of scouts gathered to celebrate the accomplishments of richard in attaining the rank of eagle scout
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web jan 9 2023 this weekend five young men in our community including my son noah received the highest honor in

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