
AMERICAN REDCROSS LIFEGUARD, RED CROSS LIFEGUARDING PRACTICE TEST 59 QUESTIONS AND ANSWERS

PPE - answer Personal Protective Equipment

FAST - answer Face, Arm, Speech, Time

EAP - answer Emergency Action Plan

AED - answer Automated External Defibrillator

SAMPLE - answer

1. Signs/Symptoms

2. Allergies

3. Medications

4. Past History

5. Last Oral Intake

6. Events leading to injury/illness

FIND - answer

1. Figure out problem

2. Intensify possible solutions

3. Name pros and cons of each solution

4. Determine best choice

RICE - answer

1. Rest

2. Immobilize

3. (Apply something) Cold

2014 Red Cross Lifeguard Written Test Manual

Yi-Tong Ma



2014 Red Cross Lifeguard Written Test Manual:

Reviewing **2014 Red Cross Lifegurad Written Test Manual**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**2014 Red Cross Lifegurad Written Test Manual**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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